

# PEDIATRICIAN VISITS

Pediatrician visits and immunization schedule for children and adolescents help them stay healthy. These visits should be made depending on the time indicated by the pediatrician and according to their age. The pediatrician will examine the physical, mental, social, and emotional development to detect any problem so that it can be treated in time.

## THE AMERICAN ACADEMY OF PEDIATRICS RECOMMEND THE FOLLOWING SCHEDULE OF WELL-CHILD VISITS:

- In the first week (3 to 5 days old)
- When turning 1, 2, 4, 6, 9, 12, 15 and 18 months
- At 2 year and 2½ years
- Once a year from 3 to 21 years

## IN VISITS FROM 2 MONTHS TO 5 YEARS, THE PEDIATRICIAN WILL OBSERVE SPECIFIC AREAS OF DEVELOPMENT:

- Social and emotional
- Speech and communication
- Learning, reasoning and problem solving
- Motor and physical development

## DEPENDING ON THE AGE, THE PEDIATRICIAN COULD REQUEST A SERIES OF SCREENING AND EVALUATIONS:

- Physical examination and medical history evaluation
- Lab tests:
  - CBC
  - Hemoglobin test
  - Glucose
  - Cholesterol
  - Lipid panel
  - Metabolic panel
  - Urinalysis
  - Fecal occult blood test
  - HIV and sexually transmitted infections
- Hearing and vision screening
- Psychosocial and behavioral evaluation
- Mental health evaluation
- Education about nutrition and obesity prevention
- Vaccination check
- Lead screening test: At 12 and 24 months, 5 and 6 years
- Attention-Deficit/ Hyperactivity Disorder screening test: At 18 and 24 months
- Evaluation of tobacco, alcohol, and drug use: for adolescents
- Anemia screening
- Oral health evaluation: At 6 months and then refer to a dentist
- Tuberculosis screening
- Screening for other health conditions





### ROUTINE VISITS ARE ESSENTIAL TO:

- Make sure your child is healthy
- Conduct growth, behavioral, and development screenings
- Receive scheduled vaccinations that prevent diseases
- Receive referrals to specialists in an area of concern
- Build a good relationship with the pediatrician
- Discuss any concern about your child's health

### BACK TO SCHOOL CHECKLIST

There are documents that require submission at the beginning of each school year:

- Last P-VAC-3 (green vaccine paper)
- Oral health certification (for students in grades K, 2, 4, 6, 8, and 10)
- Document indicating the health condition suffered by the minor

For guidance and assistance, call the

#### PSM Beneficiary Service

**1-866-600-4753 / 1-844-726-3345 TTY** (hearing impaired)

This call is free of charge.

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References: • <https://www.healthcare.gov/preventive-care-children/> • <https://www.healthychildren.org/English/family-life/health-management/Pages/Well-Child-Care-A-Check-Up-for-Success.aspx>  
• <https://www.cdc.gov/vaccines/parents/visit/vaccination-during-COVID-19.html>