



LEARN ABOUT THE INTEGRATED CARE MODEL

The Plan de Salud Menonita Vital helps you take care of your physical and mental health in one place. This means you can see a psychologist or clinical social worker right at your Primary Medical Group (PMG). Also, if you are at a mental health center or facility, you can see a doctor to take care of your physical health. This is called colocated services or the integrated care model.



MENTAL HEALTH SERVICES AT THE PRIMARY MEDICAL GROUP (PMG)

If you have been feeling very sad, anxious, overwhelmed, having trouble sleeping, or going through a difficult situation, you can get help. At your PMG, there is a mental health professional, such as a psychologist or clinical social worker, who can support you with what you are feeling.

Also, if you have an uncontrolled chronic condition like asthma or diabetes that is causing you sadness or worry, you can get support for that too. If you need more specialized help, this professional can refer you to other providers for additional support services.



PHYSICAL HEALTH SERVICES IN A MENTAL HEALTH FACILITY

At mental health facilities or centers, a Primary Care Physician (PCP) can take care of your physical health if you need it. This PCP helps people who have a health condition that requires quick or urgent attention. If necessary, this doctor can refer you to your primary doctor to continue your treatment. In some cases, this doctor may become your primary doctor.

BENEFITS

- ◆ Get better care for your health and quality of life
- ◆ Take care of your physical and mental health in one place
- ◆ Help prevent, detect, and treat physical or mental health problems
- ◆ Prepare an individualized care plan to take care of your health
- ◆ Help you get other services if you need them

TAKE CARE OF YOUR HEALTH!

Ask at your Primary Medical Group about physical and mental health services in one place.

We are here to help you!

PLAN DE SALUD MENONITA

For guidance and assistance, call the
PSM Beneficiary Service
1-866-600-4753 / 1-844-726-3345 TTY (hearing impaired)
This call is free of charge.

www.MenonitaVital.com

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Reference: ases.pr.gov/integracion-servicios

